Excellence with Integrity TOOLS

INTEGRITY-IN-ACTION CHECKLIST

Would my decisions pass each of these tests?	Yes	No
Golden Rule Test: If the situation was reversed, is this how I would want to be treated?		
Fairness Test: Is this fair to everybody involved in and affected by my actions?		
Truth Test: Does this represent the whole truth — no distortions, omissions, or spin?		
Conscience Test: Would I feel good about this afterward — no regrets, no guilt?		
Role Model/Mentor Test: Would the people whose integrity I respect most be proud of this?		
Front-Page Test: Would I want this reported on the front page of the newspaper?		
Consequences Test: Would this lead to positive consequences and avoid negative consequences now and in the future?		
What-If-Everybody-Did-This Test: Would I want to live in a world where everybody did this?		
Guiding Beliefs Test: Would this be supported by the philosophical, religious, political, and/or ideological worldviews guiding my life?		

What if it's still not clear what to do?

- 1. Stop!
- 2. Think it over some more.
- 3. Seek additional insight from individuals whose integrity you respect.



Adapted from Lickona & Davidson (2005).