Think about
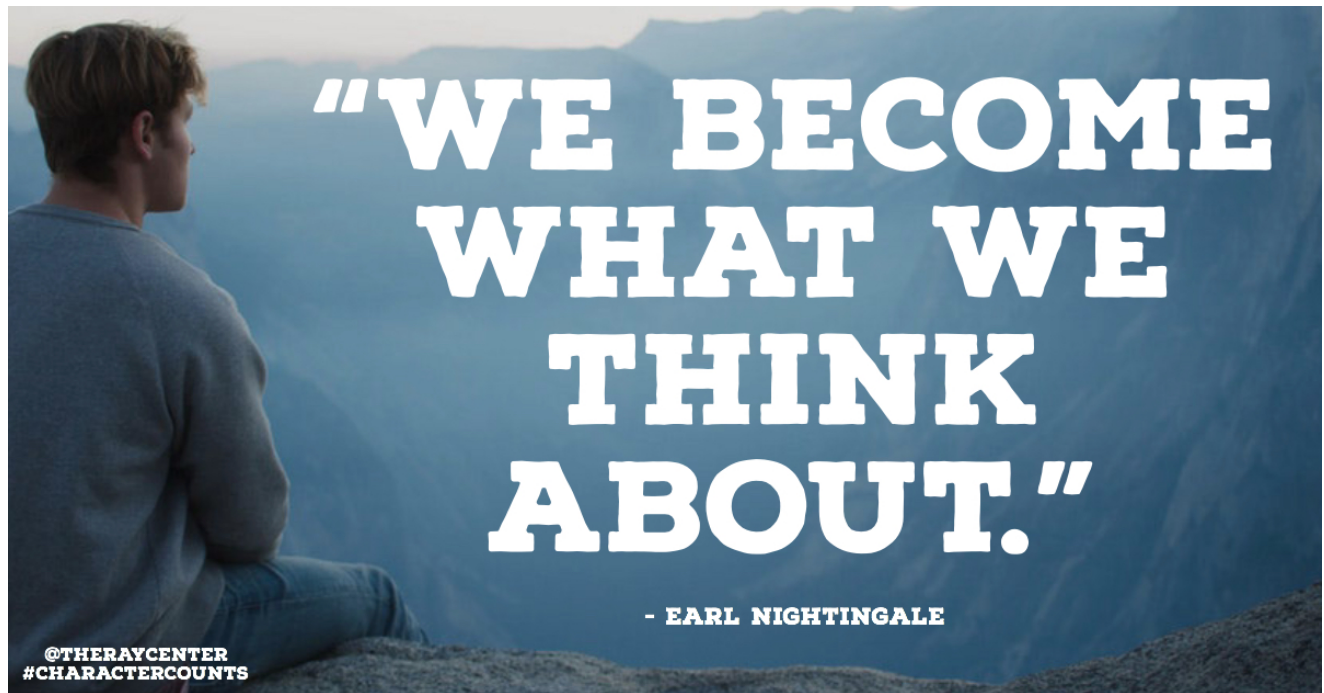

"WE BECOME WHAT WE THINK ABOUT."

- EARL NIGHTINGALE

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