

Six Pillar Animal Coloring Pages

Download these PDFs and get started coloring!

Trustworthiness – Camel

Respect – Lion

Responsibility – Elephant

Fairness – Giraffe

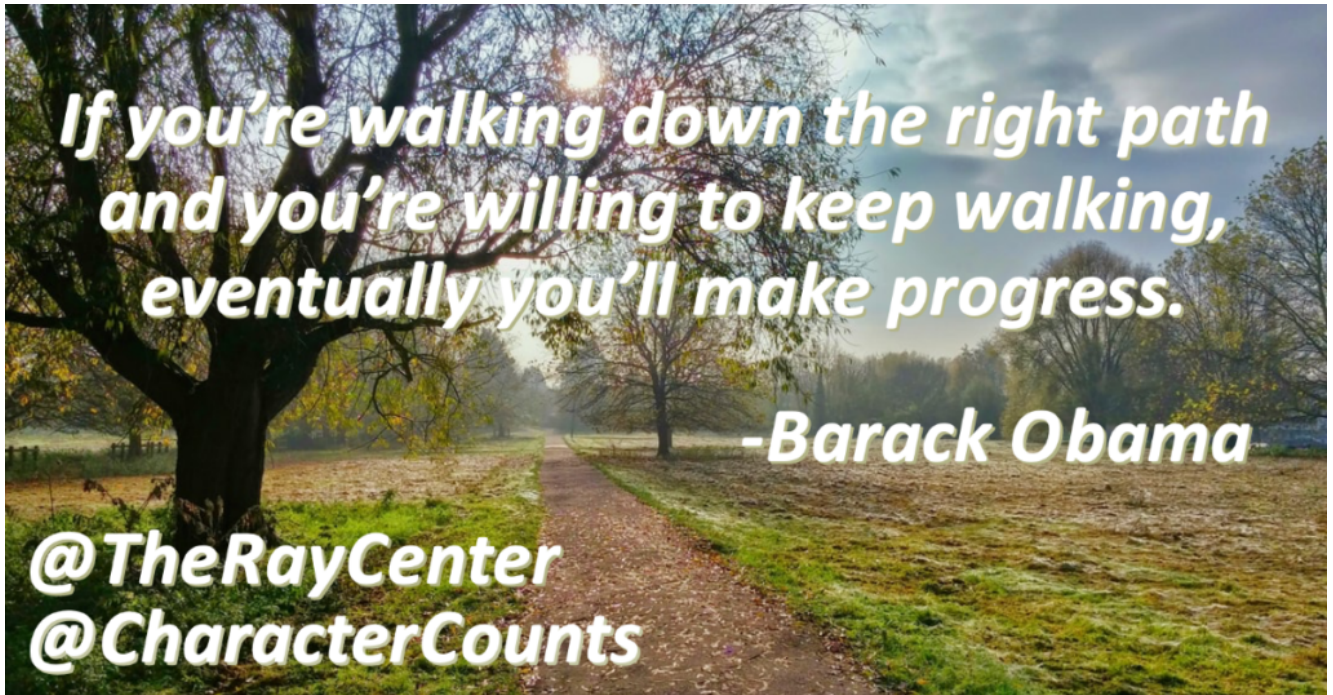
Caring – Kangaroo

Citizenship – Bear

Quotation database

Database of character education quotations.

The right path.



Growth Mindset (Grades 6-12)

Life can be busy and can create distress in the lives of families and students. Therefore, it is important to highlight the need to have a growth mindset and to manage stress to respect yourself, your health, and your well-being.

Opportunities

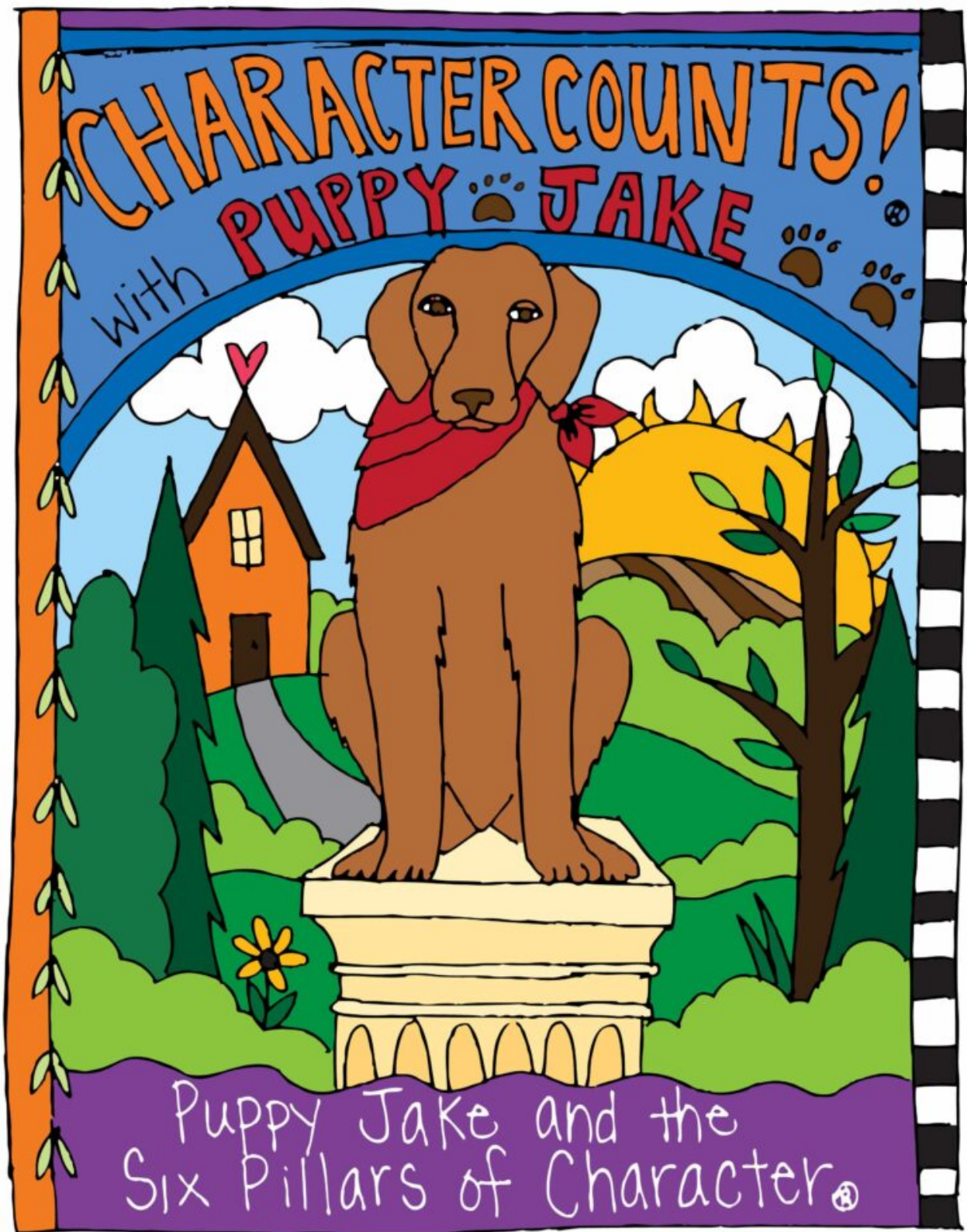
There are opportunities even in the most difficult moments. Character education quotations.

Control and choice

You may not control all the events that happen to you, but you can decide not to be reduced by them. Character education quotations.

CHARACTER COUNTS! Coloring Book

Download our CHARACTER COUNTS! with Puppy Jake coloring book.



Special thanks to our friends at the Puppy Jake Foundation and Sticks.

Emotional Toughness (Grades 6-12)

Students today need more opportunities to build their emotional toughness in a world that is as fast paced and ever changing. Thus, creating conditions that allow them to take responsibility for their behavior, emotions, and responses is important in building resilience for learning and development. This lesson will have students focus on their emotional toughness and highlight the need to be responsible for our responses in emotional situations.

I Am Responsible for My Emotions (Grades K-5)

You may often hear students place blame on others for their own emotions. It is difficult for students to understand that not only do they control their own emotions, but they are responsible for their emotions. One of the best ways to be responsible for your emotions is to be aware of how you are feeling and take preventative measures. This lesson is designed for students to think about how they are feeling and how they move towards more regulated emotions.

Good Stress Versus Distress (Grades 6-12)

Not all stress is bad. Most, if not all of us recognize this simple fact, and yet when was the last time you heard anyone say, “I’m stressed” with a smile on their face or joy in their heart?