

Character and reputation

If I take care of my character, my reputation will take care of itself. Character education quotations.

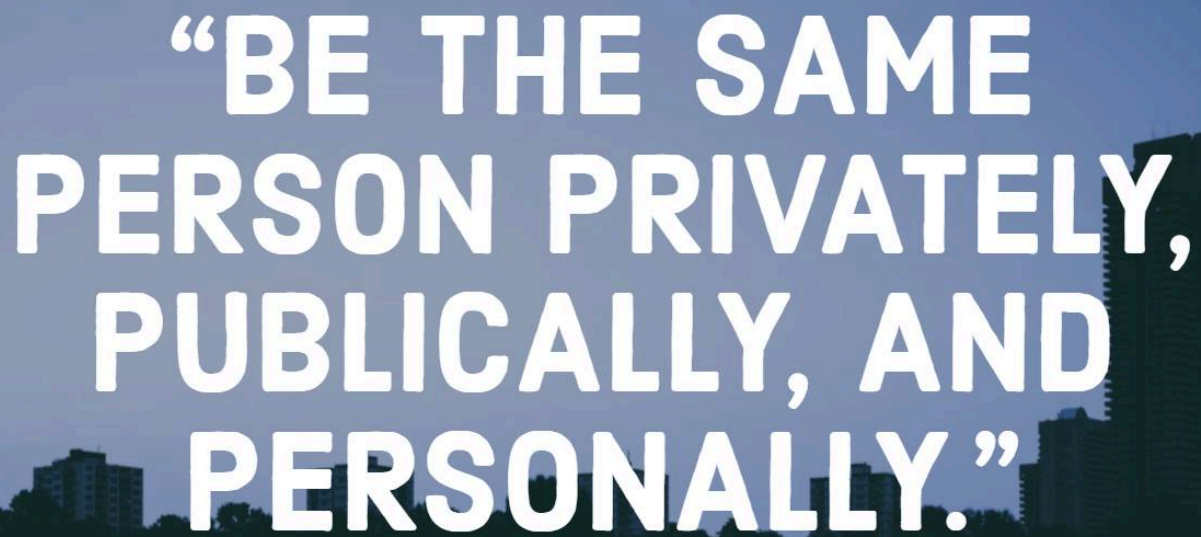
Challenges and change

If it doesn't challenge you, it won't change you. Character education quotations.

A glass of milk

One good deed deserves another.

The same person



**“BE THE SAME
PERSON PRIVATELY,
PUBLICALLY, AND
PERSONALLY.”**

– JUDAH SMITH

**@THERAYCENTER
#CHARACTERCOUNTS**

Stress and connections

Here are five simple activities you can do to help your brain focus on the positive, and thus be more resilient in the face of stress.

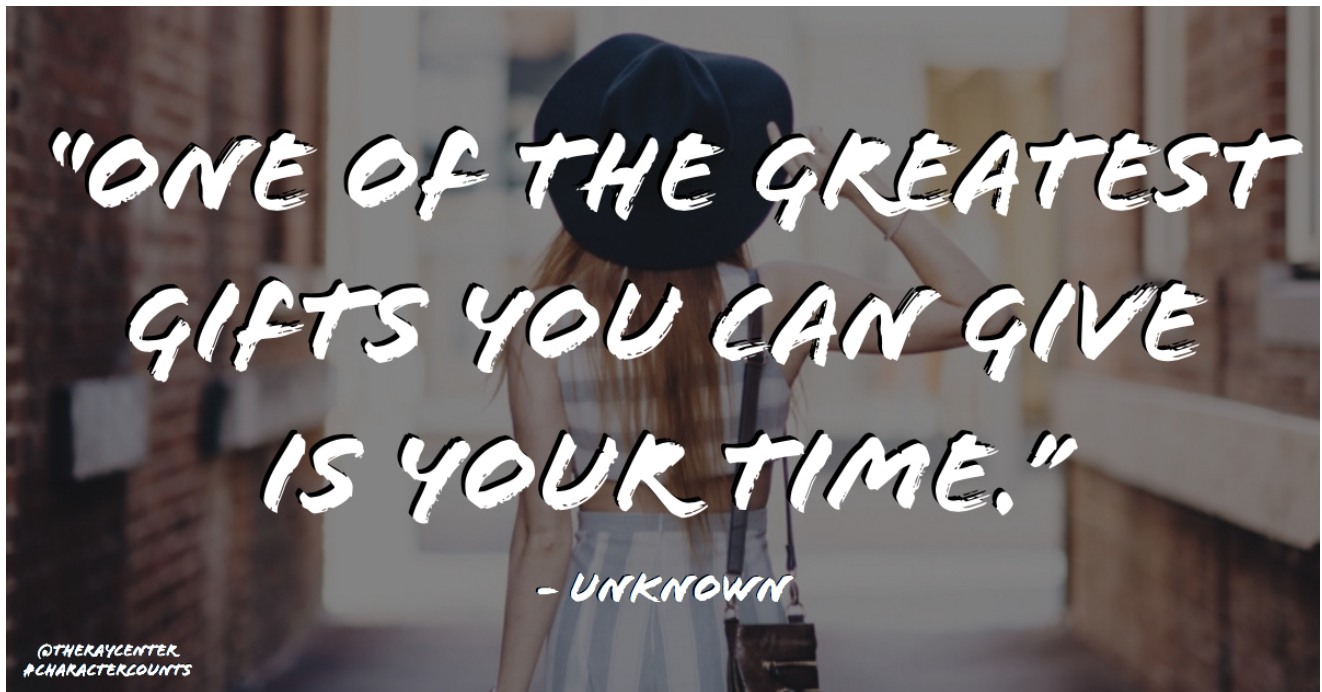
Greatness

Greatness is in the ascent. Character education quotations.

A blessing in every curse

"Who's to say? I don't know whether there's a curse in every blessing, but I am sure there's a blessing in every curse."

Your time



Look for rainbows

When it rains, look for rainbows. When it's dark, look for stars. Character education quotations.

8 ways to help kids develop caring mindsets

It's time to help our kids switch their focus from Selfie to Unselfie and see themselves as caring, compassionate people.