

# Tips for Educators: An Introduction to Caring

Teachers care about the relational aspect of teaching. They take time to establish a trusting and caring connection with students, who in turn become more receptive to what's being taught. Caring is at the heart of our character and will help in creating a positive school climate. Here are our tips for educators: an introduction to caring:

## Questions to ask:

- What are your thoughts on teaching caring, kindness and empathy in the classroom?
- In what way are our students already upholding the Pillar of caring?
- Are there examples of where we could improve in words or actions on the part of students toward the Pillar of caring? How about as a staff?
- What can we do to teach students to be more caring and kind to others?

## Activities to do:

1. Write 3 classroom key beliefs around the Pillar of caring that you would like to instill in your students.
2. Write 2 key beliefs you would like to instill in students throughout the school, hallways, lunchroom, etc.
3. What instructional strategies or classroom management techniques could you use to be intentional and explicit in instilling these beliefs?
  - Positive Sticky Notes – Leave sticky notes with positive messages
  - Thank You Letter – Write (and send!) an anonymous letter to someone you respect in your school, workplace, or other community space.

- Caring Bulletin Board – Create a bulletin board in your school and provide plenty of paper in fun shapes or designs where adults and students can write down the acts of kindness they have received or benefitted from.

### **Project to explore:**

One of the effective ways to implement CHARACTER COUNTS! in a school is the creation of a school-wide project. As this lesson is on the Pillar of caring, a school could consider as a project a Campaign of Kindness. As a staff, brainstorm the following:

- Slogan for the campaign
- Agree upon at least four action items that would help to implement the Culture of Kindness campaign
- Assign responsibilities for staff, students and parents
- Establish a timeline with a specific target date for the Kindness project

For additional ideas, a great resource is Random Acts of Kindness – <https://www.randomactsofkindness.org>

**Join our CHARACTER COUNTS! Coalition to have access to more videos like this!**

---

## **Goal Setting (Grades 6-12)**

Setting and reaching goals is an important skill every student needs to develop to become a more productive citizen. However, students do not always understand the difference in goal setting and goal achievement, nor do they grasp the steps it requires to achieve their goals. So, this lesson will walk students through the steps and supports needed to set and

attain their goals

---

## **Digital Citizenship (Grades K-5)**

Our citizenship does not stop at the physical space we occupy. Citizenship has expanded to the communities we have created online. Being a digital citizen is important for students as they complete school work and socialize in the digital space. This lesson is designed to give students tips on being a safe digital citizen.

---

## **Fun Ways to Help Kids Learn the Power of Kindness**

Studies firmly support the theory that by practicing small acts of kindness, people are often guided to perform more widespread acts of compassion even though that may not have been their original intention.

---

# Perspectives (Grades K-5)

Fairness is hearing all sides to a story, even when it's hard to see there is another side. This lesson is designed for students to stretch their ability to see the view of others in stories that feel like there is a good and a bad side. Students will be encouraged to think about how a story that they thought they knew looks different when you see the perspective of others.

---

# Embracing Diversity (Grades 6-12)

Learning about other traditions and holidays is important to promote acceptance not just tolerance of other viewpoints, religions, belief systems, and perspectives. This lesson will discuss having integrity with a focus on fairness to promote a classroom that embraces diversity.

---

# Six Pillar Coloring Pages

Download these PDFs and get started coloring!

Trustworthiness

Respect

Responsibility

Fairness

Caring

Citizenship

---

# Six Pillar Animal Coloring Pages

Download these PDFs and get started coloring!

Trustworthiness – Camel

Respect – Lion

Responsibility – Elephant

Fairness – Giraffe

Caring – Kangaroo

Citizenship – Bear

---

## Growth Mindset (Grades 6-12)

Life can be busy and can create distress in the lives of families and students. Therefore, it is important to highlight the need to have a growth mindset and to manage stress to respect yourself, your health, and your well-being.

---

# **Respecting Cultural Differences (Grades K-5)**

With the holidays approaching, it is a wonderful time to remind students about the wide array of celebrations around the world. Respecting the cultural differences of one another includes becoming informed of the celebrations of others.