

# **Wins and losses: Not the focus**

Wins and losses should not be the most important thing to focus on in youth sports.

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# **Credibility: falsehoods, mistakes & lies**

The test for any justifiable white lie is: if the person lied to discovers the lie will it destroy trust.

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# **Do you view yourself a fair-minded person?**

Fairness affects everything we do.

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# **Boosting sibling harmony**

Here are nine tips to guide you in minimizing jealousy and boosting harmony amongst your kids.