

Don't wait to perform acts of kindness

"Don't wait...if you have something to give, give it now."

Got courage?

People with courage possess ten shared characteristics.

6 ways to praise kids and boost their character

According to research, wrongly worded praise can reduce children's desires to take on challenges, lower achievement, reduce motivation and even make kids more interested in tearing others down.

There are two kinds of people in the world

Our choices are determined by our values – what we believe is

important.