

# If you were arrested for kindness

**“WE ARE MADE KIND  
BY BEING KIND.”**

**- ERIC HOFFER**

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#CHARACTERCOUNTS

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*contributor Michael Josephson.*

If you were arrested for kindness, would there be enough evidence to convict you?

Some people cheer up a room by entering it, others by leaving it.

What do you bring to your interactions with workmates, friends, and family?

Is it encouragement, optimism, or kind words? Or is it pessimism, criticism, or cynicism?

People often forget what we say and usually what we do, but as Maya Angelou said, “They always remember how we made them feel.”

Here are some other wise words about kindness:

“Wise sayings often fall on barren ground, but a kind word is

never thrown away.”

– Sir Arthur Helps

“You will regret many things in life, but you will never regret being too kind or too fair.”

– Brian Tracy

“Don’t wait for people to be kind. Show them how.”

– Anonymous

“The smallest act of kindness is worth more than the grandest intention.”

– Oscar Wilde

“That best portion of a good man’s life: his little, nameless, unremembered acts of kindness and of love.”

– William Wordsworth

“Kindness is loving people more than they deserve.”

– Joseph Joubert

“We are made kind by being kind.”

– Eric Hoffer

“Remember not only to say the right thing in the right place, but far more difficult still, to leave unsaid the wrong thing at the tempting moment.”

– Benjamin Franklin

“You cannot do a kindness too soon, for you never know how soon it will be too late.”

– Ralph Waldo Emerson

“Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom.”

– Theodore Isaac Rubin, M.D.

“Today I bent the truth to be kind, and I have no regret, for I am far surer of what is kind than I am of what is true.”

– Robert Brault

This is Michael Josephson reminding you that character counts.



*Michael Josephson is an influential and internationally renowned champion of character education for youth and ethical conduct in business, government, policing, journalism, sports, healthcare and law. He is credited by many as the person most responsible for reviving and professionalizing the character education in school and youth-serving organizations. In 1992, under the auspices of the Josephson Institute he created CHARACTER COUNTS!, the world's most widely implemented character development initiative based on a common language of shared values – the Six Pillars of Character) and Pursuing Victory With Honor (1996), a companion program promoting ethics in sports.*

Learn more about character education.