

# 6 ways to know that it's time for a course correction



“SUCCESS IN LIFE  
BEGINS WITH PURPOSE.”

- FRANK SONNENBERG

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*From our guest contributor, Frank Sonnenberg.*

Some people measure success by the wealth they've accumulated, the power they've attained, or the status they've achieved. Yet, even though they've reached success beyond their wildest dreams, they still have an empty feeling – something is missing from their life.

In order to fill that void and be completely fulfilled in life, their soul may be searching for something more.

Here are a few scenarios that describe this emptiness:

**Lonely at the top.** I was obsessed with making it to the top. When I arrived, however, I learned that it wasn't all it was cracked up to be. I now realize that my continual pursuit of advancement seriously compromised my ability to spend quality time with my family and build meaningful relationships with friends.

**Enough is never enough.** One of the ways I kept score in life was to compare my toys to my neighbors' toys. It felt good for a while, but each "high" just didn't last. I now know better. I realized that if I'm not careful, the game of life can become an obsession – there will always be people with more and less than I have.

**Sold my soul.** I would have given anything to be a success. I lied, cheated, and sold my soul to the devil. I understand now that although I've obtained fame and fortune, people don't like or respect me. Knowing what I've done, I find it hard to live with myself, and others seem to agree.

**All work and no play.** I was always the first person in the office and the last one to leave. While my business life has been a roaring success, my personal life has been a disaster. I realize there's got to be more to life. Balance matters, and I must be the one to make it happen.

**Pleased everyone except myself.** I never made a move without first seeking the approval of my friends and family. They're happy, but I'm miserable. I now appreciate that my opinion matters too, and counting on others to make up my mind for me is just a cop-out. After all, it's my life and I own it.

**Lived in the future rather than the present.** I spent much of my life thinking about what I was going to do tomorrow. Now that I'm older, I've come face-to-face with the reality that my days won't go on forever; I wish I had learned to savor every special moment as it happened.

If any of these scenarios sound familiar to you, it may be time for a course correction.

The purpose of life is a perpetual question that has intrigued mankind since the beginning of human existence. Success in life begins with purpose. When you achieve clarity, you'll gain a new perspective on your life. When you find your purpose, you'll feel good about who you are, what you stand

for, and where you're heading. When you discover your purpose, an inner peace will replace the need to seek approval from others. And friends and family will begin to sense a new you: someone who is happy, motivated and self-assured – a person with a mission. People will say that there's something really special about you. And, they'll be right! As Robert Byrne, author, once said, 'The purpose of life is a life of purpose.' It isn't too late to start."

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*Frank is an award-winning author. He has written six books and over 300 articles. Frank was recently named one of "America's Top 100 Thought Leaders" and one of America's Most Influential Small Business Experts. Frank has served on several boards and has consulted to some of the largest and most respected companies in the world. Additionally, FrankSonnenbergOnline was named among the "Best 21st Century Leadership Blogs" and among the "Top 100 Socially-Shared Leadership Blogs." Frank's newest book, BOOKSMART: Hundreds of real-world lessons for success and happiness, was released November, 2016 © 2017 Frank Sonnenberg. All rights reserved.*

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