

What I know about life

The older I get, the less I know – but I know some things...

Achieving success

When we see people succeed, we may assume that things like natural talent and test scores were the big factors in their success.

#FeelGoodFriday

Check out our favorite stories this week. Click the picture to learn more about each one!



HuffPostGoodNews
@goodnews



Follow

Painting sold by Jewish couple to escape Nazis
is returned to grandchildren 78 years later
huff.to/2gH4Hvr

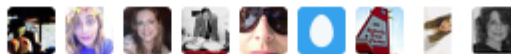


RETWEETS

22

LIKES

42



7:26 PM - 29 Nov 2016



22



42





Good News Network
@goodnewsnetwork



Following

Toxin-Absorbing Grass Could Clean Up Millions of Polluted Acres

goodnewsnetwork.org/bacteria-absor...



RETWEETS

5

LIKES

6



10:00 AM - 30 Nov 2016



5



6





HuffPostGoodNews 
@goodnews



 Follow

44 photos of adopted siblings that show family is about love, not DNA huff.to/2gHcnPv

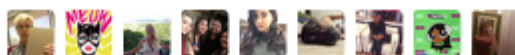


RETWEETS

15

LIKES

24



1:44 AM - 30 Nov 2016



 15

 24





TODAY
@TODAYshow



Following

WATCH: 20 co-workers in Tennessee split \$421 million jackpot



Office pool takes Powerball prize

@todayshow

RETWEETS

35

LIKES

158



6:21 AM - 30 Nov 2016

8

35

158





BuzzFeed ✓
@BuzzFeed



Following

15 unlikely animal friendships that will melt your frozen heart bzfd.it/2gDAYka



RETWEETS

128

LIKES

475



11:27 PM - 29 Nov 2016



5



128



475





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Following

This V
Melt Y
service



h Training Will
ork.org/video-



Good News Net...

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Delivering news stories of hope to inspire millions every month. In our 18th year with 500k Facebook fans fb.me/thegoodnewsnet... Tell Us Something Good!

TWEETS

4,319

FOLLOWING

565

FOLLOWERS

11.2K



RETWEETS

15

LIKES

19



6:00 PM - 29 Nov 2016



15



19



Top tweets for November

One text changed Thanksgiving plans for this teen in Phoenix, Arizona: <https://t.co/JdjgjQjipA> pic.twitter.com/VbQtKwsmVl

– A Plus (@aplusapp) November 17, 2016

Encourage #leadership in girls!!! #BanBossy campaign promoted by @BanBossy & @Sherysandberg COO of #Facebook #Parenting pic.twitter.com/MwrlVA0ZfJ

– Kids In The House (@KidsintheHouse) November 11, 2016

Forgive yourself today. No one else expects you to be perfect. #SimplyHappyProject pic.twitter.com/P95Z4B4Hpg

– A Plus (@aplusapp) November 16, 2016

Be the change! #generosity #passiton pic.twitter.com/pNDGkrxFHr

– VALUES.COM (@Valuescom) November 16, 2016

#ReviveCivility Joint Board Statement: #Civility. Respect. Together Let's write America's next chapter – <https://t.co/u4NXL00kHt> pic.twitter.com/7t3k jy4S3a

– Natl Inst Civil Disc (@NICDInstitute) November 15, 2016

Be kind, for everyone you meet is fighting a harder battle.

– Plato #quote <https://t.co/BTM9wN5tpo>

– Gordon Tredgold (@GordonTredgold) November 15, 2016

If you witness an act of bias, hate or harassment, do something. <https://t.co/9aFeZ3kxrV> pic.twitter.com/tRPb0u4Cbu

– Teaching Tolerance (@Tolerance_org) November 15, 2016

"The human spirit can overcome anything if it has hope." <https://t.co/hj25J3itYT>

– TED Talks (@TEDTalks) November 10, 2016

*Courage is refusing to be a slave to fear. ~@LollyDaskal
#book <https://t.co/6q44f06FzX> #Leadership*

– Lolly Daskal (@LollyDaskal) November 10, 2016

*“If you try to be good at everything, you’ll end up being mediocre at everything.” ~ Frank Sonnenberg @FSonnenberg
#CareerTip pic.twitter.com/efhDhhqmtX*

– Frank Sonnenberg (@FSonnenberg) November 2, 2016

#FeelGoodFriday

Celebrating the beginning of the weekend with these heartwarming stories!

Take control of your life

Every mistake can make us more afraid or wiser.

#FeelGoodFriday

Great stories to kick off the weekend!

Ten factors that define courage

People with courage possess ten shared characteristics.

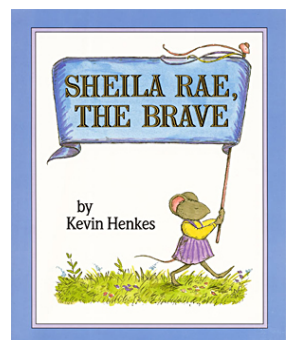
Books to help teach courage

With thousands of books to choose from, it can be an overwhelming task to find books to help teach courage. Here's a few book suggestions to start those conversations.

Sheila Rae, The Brave by Kevin Henkes

Best for: Grades PreK-2

ISBN-10: 0688147380



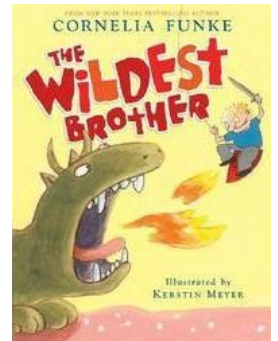
ISBN-13: 978-0688147389

"I am very brave," Sheila Rae said, patting herself on the back. She wasn't afraid of anything—not thunder, not lightning, not the big black dog at the end of the block. And

when she wanted to walk home a new way and Louise wouldn't, she called her sister a scaredy-cat and set out alone. But all the bravado in the world failed to help when Sheila Rae found herself lost. Luckily, her sister was not far behind.

[View on Amazon](#)

***The Wildest Brother* by Cornelia Funke**



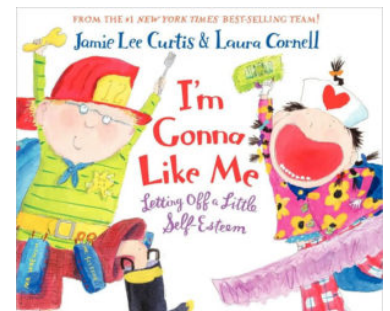
Best for: Grades PreK-3

ISBN-10: 0439828627

ISBN-13: 978-0439828628

Brave as a lion, strong as an elephant, Ben is a fearless young boy. When it comes to protecting his big sister, Anna, nothing can stand in his way! Gallantly he spends his day battling moldy green ghosts, slime-belching monsters, and all sorts of ferocious beasts. But when the day is over and darkness falls, Ben suddenly doesn't feel quite so brave. Sometimes, he realizes, it's the big sister who does the protecting.

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***I'm Gonna Like Me: Letting Off a Little Self-Esteem* by Jamie Lee Curtis**

Best for: Grades PreK-3

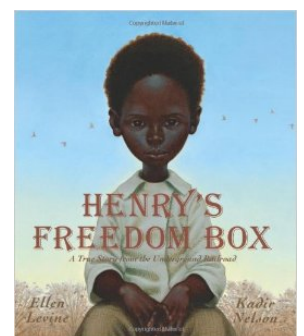
ISBN-10: 0060287616

ISBN-13: 978-0060287610

Celebrate liking yourself! Through alternating points of view, a girl's and a boy's, Jamie Lee Curtis's triumphant text and Laura Cornell's lively artwork show kids that the key to feeling good is liking yourself because you are you.

[View on Amazon](#)

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***Henry's Freedom Box: A True Story from the Underground Railroad* by Ellen Levine**

Best for: Grades PreK-5

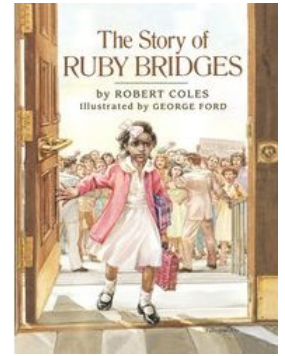
ISBN-10: 043977733X

ISBN-13: 978-0439777339

Henry Brown doesn't know how old he is. Nobody keeps records of slaves' birthdays. All the time he dreams about freedom, but that dream seems farther away than ever when he is torn from his family and put to work in a warehouse. Henry grows up and marries, but he is again devastated when his family is sold at the slave market. Then one day, as he lifts a crate at the warehouse, he knows exactly what he must do: He will mail himself to the North. After an arduous journey in the crate, Henry finally has a birthday – his first day of freedom.

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***The Story of Ruby Bridges* by Robert Coles**

Best for: Grades 2-5

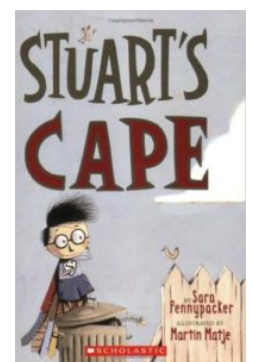
ISBN-10: 0439472261

ISBN-13: 978-0439472265

The year is 1960, and six-year-old Ruby Bridges and her family have recently moved from Mississippi to New Orleans in search of a better life. When a judge orders Ruby to attend first grade at William Frantz Elementary, an all-white school, Ruby must face angry mobs of parents who refuse to send their children to school with her.

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***Stuart's Cape* by Sara Pennypacker**

Best for: Grades 3-5

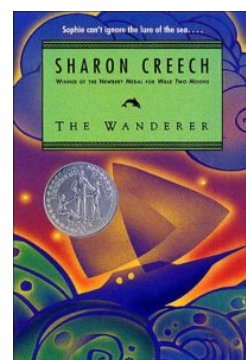
ISBN-10: 0439301815

ISBN-13: 978-0439301817

Stuart's got problems. It's raining. He's bored. And worst of all, he's new in town, so he's got a lot to worry about. But what does a kid like Stuart need in order to have an adventure...and to stop worrying? A cape, of course! Sara Pennypacker's story captures the daily dilemmas that every child must face. Her words are perfectly complimented by illustrator Martin Matje's combination of weirdness and wit.

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[View on Scholastic](#)



***The Wanderer* by Sharon Creech**

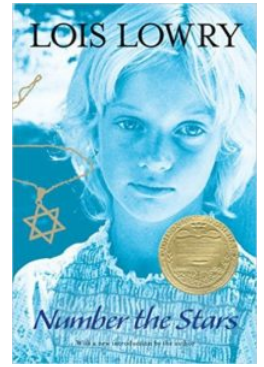
Best for: Grades 3-7

ISBN-10: 0064410323

ISBN-13: 978-0064410328

Thirteen-year-old Sophie hears the sea calling, promising adventure and a chance for discovery as she sets sail for England with her three uncles and two cousins. Sophie's cousin Cody isn't sure he has the strength to prove himself to the crew and to his father. Through Sophie's and Cody's travel logs, we hear stories of the past and the daily challenges of surviving at sea as *The Wanderer* sails toward its destination—and its passengers search for their places in the world.

[View on Amazon](#)



***Number the Stars* by Lois Lowry**

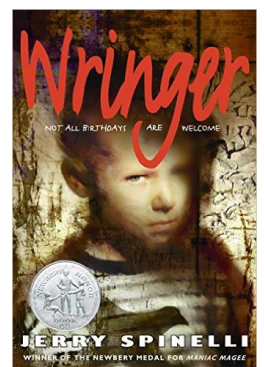
Best for: Grades 5-7

ISBN-10: 0547577095

ISBN-13: 978-0547577098

As the German troops begin their campaign to “relocate” all the Jews of Denmark, Annemarie Johansen’s family takes in Annemarie’s best friend, Ellen Rosen, and conceals her as part of the family. Through the eyes of ten-year-old Annemarie, we watch as the Danish Resistance smuggles almost the entire Jewish population of Denmark, nearly seven thousand people, across the sea to Sweden. The heroism of an entire nation reminds us that there was pride and human decency in the world even during a time of terror and war.

[View on Amazon](#)



***Winger* by Jerry Spinelli**

Best for: Grades 6-8

ISBN-10: 0064405788

ISBN-13: 978-0064405782

Palmer LaRue is running out of birthdays. For as long as he can remember, he's dreaded the day he turns ten – the day he'll take his place beside all the other ten-year-old boys in town, the day he'll be a wringer. But Palmer doesn't want to be a wringer. It's one of the first things he learned about himself and it's one of the biggest things he has to hide. In Palmer's town being a wringer is an honor, a tradition passed down from father to son. Palmer can't stop himself from being a wringer just like he can't stop himself from growing one year older, just like he can't stand up to a whole town – right? Newbery Medal winner Jerry Spinelli's most powerful novel yet is a gripping tale of how one boy learns how not to be afraid.

[View on Amazon](#)

[Click here for more information on character education.](#)

#FeelGoodFriday

We loved reading these!