

10 habits to teach online kindness

Make no mistake: the root of bullying is always a lack of empathy, and far too many kids-and adults-are in deficit mode.

Books to help teach caring

Here's a few book suggestions to start conversations about caring.

Leaders in name only

Some leaders are causing irreparable damage to great institutions by shirking their responsibilities.

Measuring happiness

When it comes to life in general, it's the little moments, the people I love, and new adventures where I often find the most happiness.