

Talking politics? Here's six ways to show respect

Politics can provide us with many opportunities for enriching discussion.

8 tips to get kids into the habit of writing thank yous

Fun ways to get kids to write those thank you notes ...without whines ... and the proven value of doing so! (It's worth it!!)

Is incivility just laziness?

Next time you are about to make a quick or heated response – give yourself time to consider your words.