## 10 ways to start a conversation with your child



ontributor, Dr. Tom Lickona.

Good communication doesn't happen automatically. We often need to do something deliberate to bring about a meaningful exchange of thoughts and experiences.

Here's ten ways to start a conversation with your child:

- 1. How was today on a scale of 1 to 10 (where 1 is terrible and 10 is terrific)? What made it that way?
- 2. What was the high point (low point) of your day?
- 3. What is the good news and the bad news about today?
- 4. What's something you were thinking about today?
- 5. What happened today that you didn't expect?
- 6. Tell me about something good that happened since the last time we talked.

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- 7. What's something you've done recently that you're proud of?
- 8. What's on your mind these days?
- 9. What is something you are looking forward to?
- 10. Back-and-forth questions (take turns asking questions).

Raising a civilized child takes 20 years of constant teaching and another 10 of review. —Judith Martin (Miss Manners)

Learn more about character education.