

A kinder America

Let's take this moment to make a change. We have the power to create the culture that we want in our towns, state and country. Our power comes from our character. Our power comes from standing up for what is right, being a leader for positive change, and being an example to those around us.

How to talk to kids about the Newtown school shooting

If you're a parent or a teacher you may be wondering how to talk about this tragedy with your children. Here are a tips I hope will help you have a most difficult but necessary conversation. Gauge these pointers to the age and maturity of your child.

Top 10 reasons we must build our children's moral IQ

Here are 10 reasons why we must build our children's Moral IQs (and most especially in today's racy, too fast, too soon, raunchy world).

Is this stopping you?

Think about something you have accomplished – what attitude/effort did you display to achieve success?

Attitude and effort

How much effort do you put into a task that you dislike? What about the effort you put into something that you love to do?