

Is this stopping you?



In our last post, we talked about the connection between attitude and effort. Our attitude about a project can affect how much effort we put into it. And vice versa. The connection makes sense, but what are the results?

Think about something you have improved upon or accomplished. What attitude/effort did you display? Accomplishments rarely come from a lack of effort and a poor attitude.

Just like many situations that challenge our character – the real test begins when things get difficult. Think of one of your more challenging goals. How would the results change if you improve your attitude or increase your effort? When you figure out what is stopping you from giving it your best, you'll be able to make an adjustment and begin to see improvement.

Learn more about character education.