

Attitude and effort



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do you put into a task that you dislike? What about the effort you put into something that you love to do?

It is easy to have a bad attitude when facing something you don't want to do. Maybe it is taking out the garbage, making dinner, or doing your taxes – we don't want to do it, and we're not happy about it. So, we don't try hard, we take an easy way out, and we skip a few steps. That bad attitude seeps into the effort we put out.

Before you decide to never take out the garbage again, remember, a positive attitude can help make the task more bearable.

You can control your attitude and you can control the effort you give. Try having a positive attitude and giving your best at something you like the least.

Next time we'll talk about how that combination of effort and attitude can make you more successful.

Learn more about character education.