

# Five ways you can be more civil today



We hear a lot of people discussing civility lately. Maybe it's because it's election season. Too often, civility takes a backseat to political conviction.

There's a lot of finger pointing and complaining about someone else not being civil.

If we really want to see an improvement in civility, we must start with ourselves. We challenge you to start today. Start with yourself.

**Here's 5 ways you can be more civil today:**

1. Acknowledge others' feelings
2. Be a good listener
3. Avoid political labels and generalizations that don't really represent candidates or parties
4. Consider the impact of your words before you speak

5. Help others feel included

Learn more about character education.