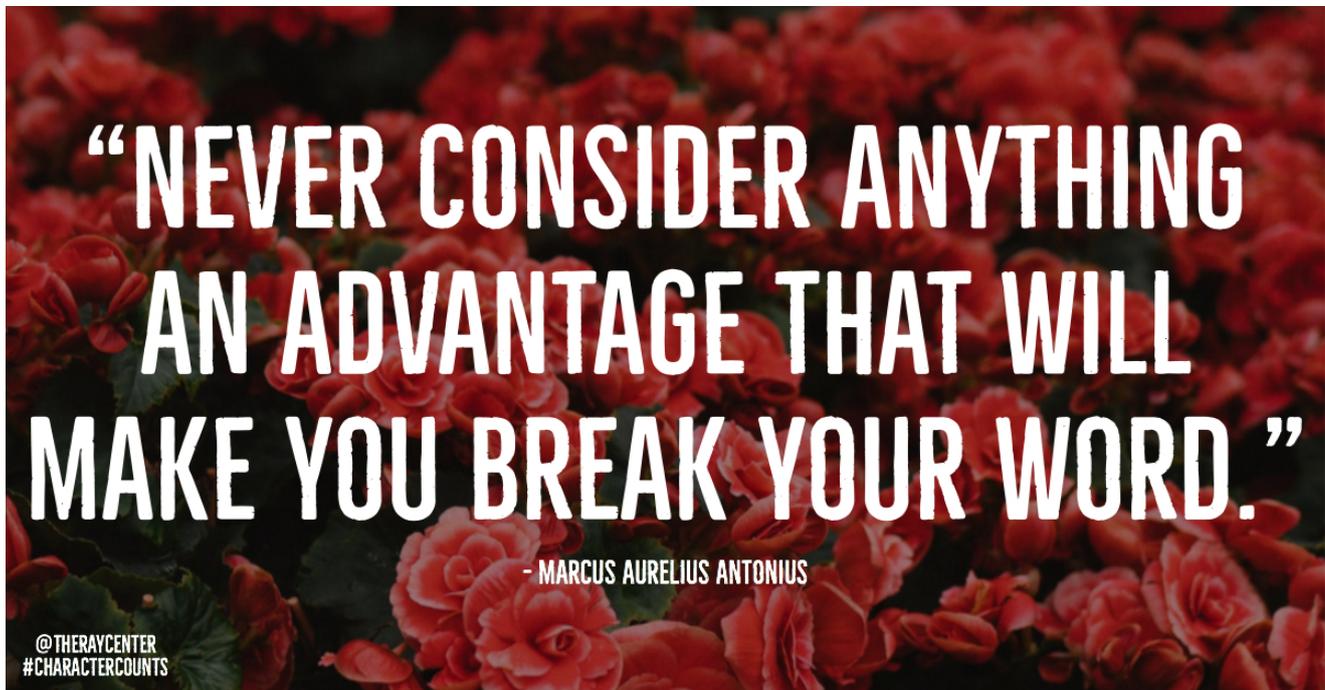


# What does it take to be trustworthy?



We've been talking about how integrity affects our reputation in recent posts. Integrity is a key component of being trustworthy...what else does it take?

## **Honesty**

A trustworthy person is honest in what they say and what they do. When we are honest in what we say, we are truthful and sincere. When we are honest in what we do, we don't deceive, cheat or steal. Wondering about white lies? Check out our example about lying to your granny.

## **Promise Keeping**

A trustworthy person keeps promises and is reliable. Keep your word, honor your commitments, show up when and where you are supposed to, be dependable.

## **Loyalty**

A trustworthy person is loyal. When we are loyal, we stand by your family and friends, and keep secrets (when appropriate).

Learn more about character education.