## Respect 101



The essence of respect is to show regard for the worth of people (including yourself). Our ethical duty is to treat everyone with respect.

Treating them with respect means showing others that they are important and worthy simply because they are fellow human beings.

## In a nutshell:

- Honor the individual worth and dignity of others
- Be courteous and civil
- Honor reasonable standards and customs
- Live by the "golden rule"
- Accept differences and judge on character and ability
- Avoid actual or threatened violence